CEMEX BENEFITS

WELL-BEING PROGRAMS

CEMEX cares about the health and well-being of our people and their families. As part of the comprehensive benefits package, the following programs are available through CEMEX’s health and wellbeing providers.

A PROGRAM TO HELP YOU MANAGE YOUR DIABETES

A comprehensive diabetes management program through Caremark, the prescription drug benefit, includes:

• Free test strips on demand
• Complimentary blood glucose meter with real-time updates
• Certified diabetes educators to advise on nutrition, lifestyle and diabetes management

How to Enroll in Livongo:
• Register at start.livongo.com/CEMEX
• Or call your dedicated Livongo Team at 1-800-945-4355
• Registration code is CEMEX.

TELADOC – TALK TO A DOCTOR IN MINUTES

Teladoc-available to you 24/7, provides telephonic and video conference access to a network of U.S. board-certified doctors.

Teladoc doctors can diagnose and recommend treatment for non-emergent medical problems such as infections, colds and flu, allergies, and more. Teladoc can even call in any necessary prescriptions to your pharmacy.

How to use Teladoc:
• Set up an account at www.teladoc.com/CEMEX
• Complete your medical history
• Request a consultation with a U.S. board-certified physician you will have within one day
• Log online, Teladoc visits cost the same as an office visit for the CDHP plan (cap). Question? Call 800-835-2362

MINUTECLINIC® CVS WALK-IN CLINIC

Available at many of the CVS pharmacies. Open every day, including evenings. No appointment necessary. Nurse practitioners and physician assistants available to diagnose, treat and write prescriptions for non-emergent conditions, illnesses, injuries and more. The applicable medical plan co-payment/co-insurance applies. Additional services as to out-of-pocket cost are your diabetes monitoring includes A1C testing, blood pressure and cholesterol checks, smoking cessation and weight loss coaching.

How to use MinuteClinic Services:
• Visit minuteclinic.com to find the location near you
• Present your Prescription ID Card for yourself or covered dependents
• No appointment necessary

SPECIALTY FACILITIES FOR ORTHOPEDIC SURGERY - AETNA INSTITUTES OF QUALITY (IOQ) OR BCBSTX BLUE DISTINCTION CENTER PLUS (BDC+)

These specialty facilities have met national measures for quality and cost-efficient care for knee, hip and spine orthopedic procedures. When using these facilities you receive a higher benefit at 100% of covered eligible expenses after deductible.

To learn more and find a Specialty Care Facility near you:
• For BCBS-TX - visit bcbs.com/why-bcbs/blue-distinction/ or call 888-579-9371
• For Aetna - visit www.aetna.com or call 877-842-9836

BENEFITS MOBILE APPS

The health and well-being mobile apps provide you easy access to all your health, financial and well-being benefits information, resources and tools. Download your mobile apps at the Apple Store or Google Play.

Visit www.cemexusa.com/cares to check out more about CEMEX Benefits

CEMEX BENEFITS WELL-BEING PROGRAMS AT A GLANCE

THE FOLLOWING PROGRAMS ARE AVAILABLE TO ALL EMPLOYEES ENROLLED IN THE AETNA OR BCBSTX MEDICAL PLANS.

MyChoice - Benefits Enrollment and Information Portal
Search for MyChoice and log into www.mycempteladoc.com to get your access code to actively your MyChoice app. Questions? Call 888-613-3293, Opt. 1.

Active - Medical, Dental and Vision Plans

Connect Your Care - Health and Dependent Care Flexible Spending Accounts (FSA)
Search for myCYC. Questions? Call Connect Your Care at 877-292-4040.

Blue Cross Blue Shield of Texas (BCBS-TX) - Medical Plan
Search for BCBS-TX or visit BCBSTAPP to get the app. Questions? Call BCBS-TX at 888-579-9371.

Comerica - Pharmacy Benefits Plan

Fidelity - CEMEX Savings Plan (401(k))

StayWell - Wellness Program
CHRONIC CONDITION MANAGEMENT
If you have a chronic condition, managing your health better can pay off later on. So take the first step to a healthier tomorrow.

• Asthma
• Chronic obstructive pulmonary disease (COPD)
• Congestive heart failure (CHF)
• Coronary artery disease (CAD)
• Low back pain

Enroll to begin:
• Aetna—call 877-842-9836 or www.aetnanavigator.com
• BCBS-TX—call 888-347-2262 or go to cigna.mysecureadvantage.com

How to access EAP
They can help with:
• Managing stress
• Alcohol or drug dependencies
• Depression
• Finding a day care
• Getting financial or legal help

How to access EAP:
• Call Magellan at 800-424-6119 or go online at magellanascend.com.

EMPLOYEE ASSISTANCE PROGRAM (EAP)
The Employee Assistance Program (EAP) through Magellan Health Services offers confidential counseling and work life services, to CEMEX employees and their dependents. The program includes up to eight counseling sessions at no cost to you. Trained specialists and professional counselors are available 24/7.

They can help with:
• Managing stress
• Alcohol or drug dependencies
• Depression
• Finding a day care
• Getting financial or legal help

How to access EAP:
• Call Magellan at 800-424-6119 or go online at magellanascend.com.

FINANCIAL SERVICES
Get your personal money check-up in ten minutes or less at Fidelity.com/seemymoneycheckup. Attend online workshops and learn about a variety of topics including choosing investments, balancing financial goals and preparing for retirement and more.

• Money Coaching— you can work with a designated Money Coach for 30 days on financial challenges such as basic money management, getting out of debt, saving for college or retirement, purchasing a home, death in the family and more.

Go online at cigna.mysecureadvantage.com or call 888-724-2262.

CIGNA WILL PREPARATION AND MORE
Cigna’s My Secure Advantage is a financial wellness program that offers the following at no cost to you:

• Preplanning—online resources to create and complete state specific wills, powers of attorney and a variety of other important legal documents.
• Identity Theft—education on how to avoid identity theft, consultation with a Fraud Resolution Specialist, and a fraud resolution kit.
• Money Coaching— you can work with a designated Money Coach for 30 days on financial challenges such as basic money management, getting out of debt, saving for college or retirement, purchasing a home, death in the family and more.

Go online at www.netbenefits.com or call 866-472-3639, Opt. 2.

BENEFITPLACE – DISCOUNT PROGRAM
The CEMEX Discount Program through Benefitplace is a website that offers exclusive discounts on goods and services you use every day. Discounts through leading retailers include electronics, automotive, rental cars, finances and gifts, tax preparation services and more.

How to access this discounted program:
• Go to beneplace.com/cemex

THE FOLLOWING PROGRAM IS AVAILABLE TO EMPLOYEES ENROLLED IN THE CEMEX LIFE INSURANCE PLAN THROUGH CIGNA.

GYM MEMBERSHIP DISCOUNTS AND MORE
Through BCBS-TX and Aetna, you have access to savings on health and wellness products and services through two popular websites:

First of all, to get the discount, go to:
• BCBS-TX: www.blue365deals.com/BCBSTX
• Aetna: www.aetnanavigator.com

IN THE CEMEX LIFE INSURANCE PLAN THROUGH CIGNA.

THE FOLLOWING PROGRAM IS AVAILABLE TO EMPLOYEES ENROLLED IN THE CEMEX SAVINGS PLAN (401(k)) THROUGH FIDELITY.

FIDELITY RETIREMENT SAVINGS RESOURCES
Take advantage of the many savings education resources through Fidelity. Get your personal money check-up in ten minutes or less at Fidelity.com/seemymoneycheckup. Attend online workshops and learn about a variety of topics including choosing investments, balancing financial goals and preparing for retirement and more.

How to access Fidelity financial resources:
• Go to fidelity.com/seemymoneycheckup or call 888-472-3639, Opt. 2.

THE FOLLOWING PROGRAMS ARE AVAILABLE TO ALL EMPLOYEES.

MEDIATION SERVICES
Offered by the Coalition to End Community Violence, this program provides one-on-one mediation to people affected by violence.

How to access these services:
• Call the Coalition at 888-221-4633, or go online at coalitiontce.org

CHRONIC CONDITION MANAGEMENT
With Aetna In Touch Care or BCBS-TX Condition Management, you have access to a licensed clinician or dedicated nurse who will work one-on-one with you to help manage your chronic conditions:

• Asthma
• Coronary artery disease (CAD)
• Chronic obstructive pulmonary disease (COPD)
• Congestive heart failure (CHF)
• Coronary artery disease (CAD)
• Low back pain

Enroll to begin:
• Aetna—call 877-842-9836 or www.aetnanavigator.com
• BCBS-TX—call 888-347-2262 or go to cigna.mysecureadvantage.com

STAYWELL WELLNESS PROGRAM
Through StayWell, CEMEX offers tools and resources to help you achieve your wellness goals at no cost to you. Whether you prefer the support of a coach or want to use online resources, StayWell provides you a variety of tools that help you work on achieving your health goals.

Programs offered include:
• Weight Management
• Smoking Cessation
• Getting Fit
• Eating better

Getting started is easy:
• Call StayWell at 855-847-6810 or go online at cemex.staywell.com

THE MATTILITY PROGRAM
The maternity program supports you from early pregnancy until six weeks after delivery. With Aetna Beginning Right or BCBS-TX Special Beginnings maternity program, you can take advantage of tools and resources that help you give your baby a healthy start in life. The program includes access to expert nurse support for questions on what to expect before and after delivery, nutrition zoning programs, week by week pregnancy information, and assistance with managing high risk conditions such as gestational diabetes. It includes a complimentary book about healthy pregnancy and baby.

How to get started:
• Begin 16 to 18 week of pregnancy

Enrollment is Easy:
• BCBS-TX Special Beginnings
  Call 888-421-7781, 8 a.m. – 6:30 p.m., CT.
• Aetna Beginning Right
  Call 833-1462-13 (833-1-272-3371)
  or online at aetnanavigator.com and look under Stay Healthy

This newsletter provides a summary of your CEMEX, Inc. Welfare Benefit Plan programs. It does not contain all of the details, rules and terms. For additional information, refer to your summary plan description (SPD) and official plan documents that govern these programs. In the event that the content of this newsletter or any oral representation made by any person regarding the plans conflicts with or is inconsistent with the provisions of the plan documents, the provisions of the plan documents are controlling. Certain aspects of this communication may not apply to employees covered under a collective bargaining agreement.