Take your well-being to the next level.

Important Deadline

COMPLETE YOUR WELLNESS ACTIONS BY NOVEMBER 15, 2017.

Participate in the CEMEX wellness program to gain a better understanding of your health status, improve your well-being and avoid the 2018 medical plan surcharge. You and your covered spouse need to complete these actions*:

1. Annual physical exam
2. Online health assessment (HA) questionnaire at cemex.staywell.com
3. Achieve at least one of the health screening values in the healthy range or complete an alternative activity

See below for more details.

*May not apply to certain employees covered by a collective bargaining agreement.

Did you know?

The CEMEX medical plan covers in-network preventive immunizations at 100%.* No copay or deductible applies. Flu season is approaching and back to school is right around the corner, take advantage of this important benefit.

Ask your doctor which vaccines are right for you.

Go to https://www.cdc.gov/vaccines/schedules for the 2017 schedule.

*Refer to the plan documents for a complete description of benefits and exclusions.

Upcoming Events

August 7-25 10K a Day Activity Challenge Registration

August Health Essential: Keep Vaccinations Up to Date

Check your vaccinations records and make sure you and your loved ones are up to date with what is required. Protect yourself and your family at all times.

Registration: Aug. 7-25 Challenge: Aug. 21 - Oct. 1

Register at cemex.staywell.com
TO AVOID THE SURCHARGE, YOU AND YOUR COVERED SPOUSE NEED TO COMPLETE THREE STEPS:

<table>
<thead>
<tr>
<th>Step</th>
<th>Description</th>
<th>Deadline</th>
<th>Details</th>
</tr>
</thead>
</table>
| 1    | Complete your annual physical exam with your doctor and get your required health screening values (height, weight, blood pressure, total cholesterol and now glucose). | November 15, 2017 | - Body mass index: between 18.5 and 24.9<sup>1</sup>  
- Blood pressure: less than 120/80 mmHg<sup>1</sup>  
- Glucose: less than 100 fasting<sup>2</sup> or less than 140 non-fasting<sup>2</sup>  
- Total cholesterol: less than 200 mg/dL<sup>1</sup>  

<sup>1</sup> National Heart, Lung and Blood Institute  
<sup>2</sup> American Diabetes Association |

| 2    | Complete the online Health Assessment questionnaire and include your required health screening values at cemex.staywell.com. | November 15, 2017 | - Body mass index: between 18.5 and 24.9<sup>1</sup>  
- Blood pressure: less than 120/80 mmHg<sup>1</sup>  
- Glucose: less than 100 fasting<sup>2</sup> or less than 140 non-fasting<sup>2</sup>  
- Total cholesterol: less than 200 mg/dL<sup>1</sup>  

<sup>1</sup> National Heart, Lung and Blood Institute  
<sup>2</sup> American Diabetes Association |

| 3    | Achieve at least one health screening value in the healthy range. | January 31, 2018 | - Body mass index: between 18.5 and 24.9<sup>1</sup>  
- Blood pressure: less than 120/80 mmHg<sup>1</sup>  
- Glucose: less than 100 fasting<sup>2</sup> or less than 140 non-fasting<sup>2</sup>  
- Total cholesterol: less than 200 mg/dL<sup>1</sup>  

<sup>1</sup> National Heart, Lung and Blood Institute  
<sup>2</sup> American Diabetes Association |

IF YOU DO NOT MEET ANY OF THE HEALTHY RANGES ABOVE, PLEASE COMPLETE ONE ALTERNATE ACTIVITY.